



# The Story and the Storyteller:

*A weekend retreat for connection, reflection and wellbeing*

*Friday 15th November, 5pm - Sunday 17th November, 12pm aest 2024*



You are welcome to join a circle of colleagues in a safe, supportive space to explore your personal and professional journey stories for your empowerment and delight.

**Venue:** We have chosen a huge private venue on Bunurong Country in Portsea, Victoria with large gardens, a gas heated pool, 5 bedrooms, 13 beds (mostly shared rooms) and in walking distance to Portsea back beach.

*\*The weekend will be fully catered and provide 2 hours' group supervision and 7.5. hours PACFA Accredited OPD.*



# What To Expect:

Arriving at the property by 5pm on Friday 15th, participants once they have found their allocated rooms, will be invited to participate in an opening ritual and group exercise as well as partaking in delicious food.

In the following 2 days, the program will consist of a range of large group, paired work and self-directed times - supported by two warm, wacky, wonderful and welcoming supervisors:

Kim Billington will integrate narrative therapy practices with therapeutic folktales, creativity, craft and active imagination.

Michal DeWilloughby, from her First Nations perspective will bring an understanding of the transformative potential of stories and storytelling through the embodied use of nature, symbols and parts work.

Together, we will hold the sacred space for our collaborative care and your connection to self, with 10 other counsellors and allied health professionals.

\*Maximum number of participants- 10

Cost: Given 'On Application'

If You Are Interested In Attending, Or For Further Information:

Contact: Kim Billington on Mob: 048 828 4023 Email: [counsellingconversations@gmail.com](mailto:counsellingconversations@gmail.com)

## Your Facilitators :



Kim Billington



Michal DeWilloughby

